



Don't forget to eat your fruits and vegetables!

# All Saints Catholic October Lunch Menu

October  
2018

Fresh vegetable choices and seasonal fruit are offered daily on the fruit and vegetable bar .

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

**1**

French Toast Sticks  
Sausage Patty

Turkey BLT Wrap  
Kettle Potato Chips

Green Peas

**2**

Soft Beef Tacos  
Lettuce, Tomato, Cheese

Chef Salad  
Whole Grain Dinner Roll

Broccoli Florets

\*\*\*\*Chocolate Chip Cookie\*\*\*\*

**3**

Crispy Chicken Nuggets  
Golden French Fries

PB&J Sandwich  
Golden French Fries

Cherry Tomato

**4**

\*\*NO SCHOOL\*\*

**5**

\*\* NO SCHOOL\*\*

**8**

Cheeseburger on Bun  
Potato Wedges

Yogurt Pak with Pretzel Bites

Garden Salad

**9**

Beefy Nachos with Cheese

Crispy Chicken Salad  
Whole Grain Dinner Roll

Cauliflower Floret

**10**

Crispy Chicken Tenders  
Seasoned Ranch Wedges

Ham Wrap  
Seasoned Ranch Wedges

Baby Carrots

**11**

Roasted Hot Dog on a Bun  
Tortilla Chips

Turkey BLT Salad  
Whole Grain Dinner Roll

Corn

**12**

Cheese Pizza  
Bread Stick

Ham Deli Sub Sandwich  
Bread Stick

Green Beans

**15**

Crispy Chicken Sandwich  
Golden French Fries

Caesar Salad  
Whole Grain Dinner Roll

Roasted Broccoli

\*\*\* Brownie\*\*\*

**16**

Walking Taco  
Lettuce, Tomato, Cheese

Turkey Wrap  
Kettle Potato Chips

Cherry Tomato

**17**

Grilled Cheese Sandwich  
Chicken Noodle Soup

Yogurt Pak with Bagel

Peas & Carrots

**18**

Oven Roasted Chicken  
Mashed Potatoes  
Gravy

Turkey BLT Salad  
Whole Grain Dinner Roll

Green Beans

**19**

Pizza Dippers  
Dipping Sauce

Ham Deli Sub Sandwich  
Kettle Potato Chips

Baby Carrots

**22**

Roasted Hot Dog on a Bun  
Potato Wedges

Crispy Chicken Wrap  
Potato Wedges

Garden Salad

**23**

Soft Beef Tacos  
Lettuce, Tomato, Cheese

Chef Salad  
Whole Grain Dinner Roll

Corn

**24**

Ravioli with Meat Sauce  
French Bread

Pretzel Bites w/Cheese Cubes  
Vanilla Yogurt

Green Beans

**25**

French Toast Sticks  
Sausage Patty

Ham Deli Sandwich  
Potato Wedges

Cherry Tomato

**26**

Pasta with Meat Sauce  
Garlic French Bread

Caesar Salad  
Whole Grain Dinner Roll

Green Beans

**29**

Crispy Chicken Tenders  
Macaroni & Cheese

Chicken Caesar Salad  
Whole Grain Dinner Roll

Broccoli Florets

\*\*\* Cup Cake\*\*\*

**30**

Beefy Nachos with Cheese

PB&J Sandwich  
Kettle Potato Chips

Green Peas

**31**

Hamburger on a Bun  
Potato Wedges

Caesar Salad  
Whole Grain Dinner Roll

Cherry Tomato

Choose **MyPlate**.gov

**Prices**

Regular	\$3.50
Reduced	\$ .40
Adult	\$4.00
Extra Entree	\$1.50

**HARVEST OF THE MONTH**

**EXTRA INFO**

Milk Choice of 1% White Skim or Chocolate Skim is included with lunch.  
Entree salads are served with a dinner roll.  
Questions or comments please contact FSD  
Natasha Sanchez at 262.654.8651 Ext 127 or  
email nsanchez@allsaintskenosha.org